



SPORTING CALIFORNIA CORONA SOCCER CLUB

Arsenal Junior Soccer Academy Recreational Program

Program Policy & Guidelines

PROGRAM OBJECTIVE

The **Arsenal Junior Soccer Academy Recreational Program** provides Boys and Girls ages U5–U8 with a fun, development-focused introduction to the beautiful and simple game of soccer. The goal is to create a pressure-free, enjoyable environment where players can explore the game through simple activities, age-appropriate challenges, and small-sided play. Parents are encouraged to engage positively and learn the foundational aspects of youth soccer, supporting future involvement as coaches, managers, or volunteers.

There are no tryouts in the Recreational Program. All players who register are placed on a team, and every child plays.

TEAM FORMAT & GAME STRUCTURE

Team Sizes:

- Games are played with 3 players per team on the field (3v3) and no goalkeepers at U5.
- Games are played with 4 players per team on the field (4v4) and no goalkeepers at U6.
- Games are played with 5 players per team on the field (5v5) and no goalkeepers at U7.
- Games are played with 5 players per team on the field (5v5) with goalkeepers at U8.

Volunteer Requirements:

Only certified/background-checked adult volunteers and registered players may be on the field or sidelines. Approved volunteer roles include Head Coach, Assistant Coach, and Team Manager. No parents, siblings, or non-registered individuals may participate on the field.

GAME DURATION

- U5: 20 minutes
- U6: 30 minutes
- U7: 30 minutes
- U8: 40 minutes

Breaks:

- Two 1-minute substitution/water breaks
- One 5-minute halftime

PLAYING TIME

All players should participate in at least 75% of each game unless restricted for disciplinary reasons. Equal participation and player enjoyment are core program priorities.

PRACTICE GUIDELINES

Teams may practice up to two times per week for a minimum of 1 hour each session. Additional practice time may be available upon request and field availability.

FIELD, GOALS & BALL SIZES

- Approximate field size: 30 x 20 yards (90 x 60 feet)
- Goal size: Maximum 4' x 6'
- Ball Sizes:
 - U5–U6: Size 3
 - U7–U8: Size 4

PLAYER EQUIPMENT

All players must wear shin guards completely covered by soccer socks. Soccer cleats or closed-toe athletic shoes are acceptable. Players should wear athletic attire suitable for soccer activities.

PARENT CODE OF CONDUCT

Parents and spectators must:

- Provide positive encouragement only
- Avoid coaching from the sidelines
- Show respect to referees, players, volunteers, and opponents
- Refrain from negative, abusive, or disruptive behavior

PLAYER CODE OF CONDUCT

Players are expected to:

- Show respect and sportsmanship

- Follow coach instruction
- Try their best and support teammates
- Refrain from inappropriate language or behavior

SAFETY & GAME DAY POLICIES

- Follow all Sporting CA weather and heat safety guidelines
- Remove players immediately for suspected head injuries
- Coaches may not leave a player unattended after practices or games

Standings and official scores are not recorded. The emphasis remains on learning and enjoyment—not winning.

