

SPORTING CALIFORNIA USA

WEEKLY NEWSLETTER

Congratulations Raffle Winners

We would like to congratulate our Spring Raffle Winners of \$1,000, \$2,000, \$3,000 and our Grand Prize \$5,000 Winner.

CONGRATULATIONS TO OUR 2023 SPRING RAFFLE WINNERS

\$5,000 GRAND PRIZE WINNER - Ralph Martinez
(Sold by Ryann Martinez G2012 FC from our Corona Chapter)

\$3,000 First Place Winner - Dustin Snider
(Sold by Peyton Bryant B2010 from our Ventura Chapter)

\$2,000 Second Place Winner - Ray Placencia
(Sold by Genesis Ponce G2007 FC from our Corona Chapter)

\$1,000 Third Place Winner - Rosalie Acosta
(Sold by Izabella Acosta G2010 ECNL from our North Chapter)

Winners will be contacted by our Club Staff

Sporting California would like to thank Everyone for their participation!

HIGH SCHOOL PLAYERS RETURN TO TRAINING



PLAYER SPOTLIGHT

CIF Division 4 Champions



CONGRATULATIONS TO OUR 2006 AND 2008
PLAYERS WHO WON THE CIF D4 CHAMPIONSHIP



We would like to congratulate Girls 2006 ECRL players Angelina Rios and Ava Mesisca and Girls 2008 ECNL player Abby Trujillo on winning the CIF Division 4 Title with their high school Western Christian. Very proud of you ladies and all your hard work.



College Corner

Nicole Salazar - College Advisor

We would like to welcome Nicole Salazar as our College Advisor. As the newly appointed College Coordinator at

Sporting California USA, Nicole will continue to provide services in helping youth achieve their fullest potential on and off the field by collaborating with coaches, directors and staff. She will provide opportunities for club players and parents to prepare for the transition to college by hosting events, seminars and workshops that will create a club experience designed to set our players up for success.



Monday Math Clinics

Monday Math Clinics are Now being offered to Sporting California Members for a special members rate! 4th-6th graders struggling with math or need extra help understanding could join a live weekly math clinic where they will learn how to master these important math topics and conquer 4th-6th math.

[For More Information and to learn more about Nicole Salazar Click Here](#)

Get Psych'd with Dr. G

To take your game to the next level, you can not rely on physical skills along. You need to start training the mind. Be honest with yourself: How much time do you spend each week training the mind to hit the pitch? If you are truthful, the amount is low or nonexistent compared to the physical. If the old saying is true that athletics are 90 percent mental and 10 percent physical, then an athlete must do what he/she can to increase their focus. More and more universities are starting to use cognitive coaches, because they understand the power the mind has over success and failure. If you are planning on making it to the next level, then let's get started with your ability to increase your confidence.

[To read the full article and to learn more about cognitive training, click here.](#)

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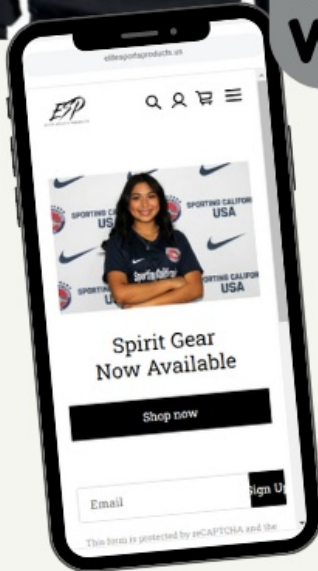
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